

## September 2024 Whitted School ~ Pre-K Lunch Menus



| Monday  | Tuesday  | Wednesday                           | Thursday  | Friday  |
|---|--|-------------------------------------|---|---|
| 2<br>Holiday – NO SCHOOL  | Chicken & Vegetable Dumplings Chili Roasted Sweet Potatoes | 4 Cheese Quesadilla Mexicali Corn   | 5 Chicken Nuggets & Roll Sweet Potato Fries   | Veggie Lovers Pizza<br>Cheese Pizza<br>Tomato/cucumber cup<br>w/Dip |
| Chicken or Vegetable<br>Fried Rice<br>Steamed Broccoli  | Chicken taquitos Mixed Vegetables                          | Chicken teriyaki<br>Cherry Tomatoes | Chicken filet sandwich Corn Salad   | Cheese Pizza BBQ chicken Pizza Caesar side salad                    |
| Hamburger<br>Oven Potatoes  | Caribbean black beans<br>and rice<br>NC Sweet Potatoes     | Nachos<br>Black Beans               | Green monster pasta Garlic bread Sliced Cucumbers   | Cheese Pizza Baby Carrots   |
| 23<br>Teacher Workday<br>NO SCHOOL  | Chicken filet sandwich Carrot salad                        | Fish sandwich Cherry tomatoes       | Cheese ravioli and dinner roll Roasted Vegetables   | Cheese Pizza Veggie Lovers Pizza Tomato/Cucumber cup with dip       |
| Gourmet toasted cheese sandwich Corn  | 1  | 2                                   | 3   | 4   |
| Food Allergy Disclaimer: Please be aware DPS Nutrition prepares food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary, and we cannot guarantee any food item will be completely free of food allergens. If you have questions regarding ingredients of a specific food or recipe, please reach out to the DPS Nutrition Services at 919-560-2370. |  |                                     | 2024-25 Lunch Prices: FREE for ALL Students Adults: \$4.50 Milk (alone): \$0.50  *Menus are subject to change *Lunch served with choice of low fat and fat free milk and fresh fruit. |   |