

PARENT WELLNESS RESOURCES

Areas of Support:

- ★ Advocacy
- ☞ Community-Building
- ✿ Culturally Specific
- ☂ Household Needs
- ♡ Social-Emotional Support
- 📱 Technical Support

The resources below are offered by community organizations that are part of the HOPE Network Parent Wellness Workgroup. This one-pager is just the start of a larger effort to integrate whole-parent wellness into the Durham Public Schools Foundation's offerings! To see a full list of resources, or to share your own offerings, please visit the HOPE Network's website at dpsfhopenetwork.org



Durham Public Schools Family Academy

dpsnc.net/family-academy

facebook.com/DPSFamilyAcademy

Offers a large variety of classes that provide parents support with academics, advocacy, technology, college prep, & social emotional needs.



Empowered Parents in Community (EPiC)

epic-nc.org

Organizes parents through services that increase parent leadership within the schools. Creates systems of equitable engagement and informed decision-making through the Parents of African American Children (PAAC), a committee of Black parents (and those who support the vision of PAAC). Builds community within the school and changes the climate and culture to support academic success of Black students.



EAT NC

eatnorthcarolina.org/dpsschoolmeals

Organizes volunteers to deliver school meals to families that cannot make it to pick up sites.



Durham County Cooperative Extension

durham.ces.ncsu.edu

Provides diapers, formula, car seats, cribs, & clothing/supplies for pregnant mothers & children under 5. Provides virtual evidence-based parenting classes, workshops on education related topics, & classes to help parents navigate their children's schools in English & Spanish. Provides individual coaching for parents dealing with challenges related to their children's education.



Rebound, Alternatives for Youth

reboundnc.org

Provides support to parents and youth in managing the perplexities of COVID-19 and other socio-economic stressors.



Village of Wisdom

villageofwisdom.org

Prioritizes the healthy racial identity formation of Black learners by supporting family organizing and advocacy entities working to eliminate racial injustice in schools. VOW provides Black Genius protection tools and resources that help parents, teachers, and students to create culturally affirming learning environments for Black learners.

Additional Resources

To find more resources to support parents and families, visit the DPS Foundation HOPE Network website at dpsfhopenetwork.org.