



October 2024 Breakfast in the Classroom Menus

Monday	Tuesday	Wednesday	Thursday	Friday
Additional Daily offerings: Assorted Cereal, wg 🍷 Breakfast bars, wg 🍷 100% Fruit Juice Milk *menu subject to change	October 1 Yogurt cup w/granola 🍷 Fruit of the Day	October 2 English Muffin 🍷🍷 w/butter, jam Fruit of the Day	October 3 Breakfast Muffin w/Yogurt 🍷 Fruit of the Day	October 4 Yogurt cup w/granola 🍷 pinky sausage 🍷 Fruit of the Day
October 7 Assorted Whole Grain Cereal 🍷 Fruit of the Day	October 8 English Muffin 🍷🍷 w/butter, jam Fruit of the Day	October 9 Yogurt cup and Granola 🍷 Fruit of the Day	October 10 Breakfast Bar 🍷 Fruit of the Day	October 11 Breakfast Muffin w/Yogurt 🍷 pinky sausage 🍷 Fruit of the Day
October 14 Breakfast Muffin w/Yogurt 🍷 Fruit of the Day	October 15 Yogurt cup w/granola 🍷 Fruit of the Day	October 16 Breakfast Bar 🍷 Fruit of the Day	October 17 Assorted Whole Grain Cereal 🍷 Fruit of the Day	October 18 Bagel w/Cream Cheese, Jelly, Butter 🍷 pinky sausage 🍷 Fruit of the Day
October 21 Warm biscuit w/butter & jam 🍷 Fruit of the Day	October 22 Yogurt cup w/granola 🍷 Fruit of the Day	October 23 Warm, Goopy Cinnamon Roll 🍷 Fruit of the Day	October 24 Assorted Whole Grain Cereal 🍷 Fruit of the Day	October 25 Warm biscuit w/butter & jam 🍷 pinky sausage 🍷 Fruit of the Day
October 28 Breakfast Bar 🍷 Fruit of the Day	October 29 Yogurt cup w/granola 🍷 Fruit of the Day	October 30 Overnight Oats 🍷 Fruit of the Day 🍷	October 31 Breakfast Muffin w/Yogurt 🍷 Fruit of the Day	2024-25 Breakfast Prices: FREE for ALL Students
GOOD FOOD Guide 🍷 locally sourced 🍷 vegetarian 🍷 dairy free entrée	<p><i>Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary, and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the Durham Public Schools Nutrition Services at 919-560-2370</i></p>			