



Durham Public Schools K-12 Breakfast Menu for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2024-25 Breakfast Prices: Students: FREE for ALL Adults: \$2.50 Milk (each): \$0.50	April 1 No School Spring Break	April 2 No School Spring Break	April 3 No School Spring Break	April 4 No School Spring Break
April 7 Mini Pancakes (V) Chilled Peaches	April 8 Yogurt Cup w/Granola (V) Pre-K: Yogurt Cup (V) Mandarin Oranges	April 9 Breakfast Pizza Fruit Choice	April 10 Cinnamon Roll (V) Pre-K: Blueberry Muffin (V) Applesauce	April 11 Chicken Sausage Biscuit Hash Brown Rounds
April 14 Super Donut (V) Pre-K: Yogurt Cup (V) Chilled Peaches	April 15 Breakfast Muffin (V) Mandarin Oranges	April 16 Scrambled Eggs w/Toast (V) Fruit Choice	April 17 Fruited Bread Slice (V) Applesauce	April 18 No School Holiday
April 21 No School Teacher Workday	April 22 Yogurt Cup w/Granola (V) Pre-K: Yogurt Cup (V) Mandarin Oranges	April 23 Egg & Cheese Biscuit (V) Fruit Choice	April 24 Cinnamon Roll (V) Pre-K: Blueberry Muffin (V) Applesauce	April 25 Chicken Sausage Biscuit Hash Brown Rounds
April 28 Fruited Bread Slice (V) Chilled Peaches	April 29 Whole Grain Bagel w/Cream Cheese (V) Mandarin Oranges	April 30 Jumbo Waffle w/Sausage Patty (chicken) Fruit Choice	Menus are subject to change (V): Meatless entrée Breakfast includes choice of low-fat or fat-free milk, fresh fruit, and 100% fruit juice.	Daily Entrée Options Whole Grain Cereal (V) Cereal Bars Yogurt w/Cereal Bar Combo
Food Allergy Disclaimer: Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary, and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the Durham Public Schools Nutrition Services at 919-560-2370.				

Nutrition Byte

Every Youth Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep, having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing sports, or other activities you enjoy are all important. Healthy youth are better prepared to learn and thrive!

Everyone can take action during Every Kid Healthy™ Week and throughout the year. **Nutrilink:** Learn more and find resources at [actionforhealthykids.org](https://www.actionforhealthykids.org).

- Prepare and choose nutritious foods and beverages.
- Move more for fitness.
- Be kind to yourself and others.
- Serve as a role model for health and wellness.
- Learn about your local wellness policy for your school district and find ways you can get involved.
- Promote and support wellness for your school, family, and community.