


Durham Public Schools Breakfast in Classroom Cycle Menu - Carbohydrates Fall 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Monday Glazed Cinnamon Bun - 34 Fresh Fruit	Week 1 Tuesday Turkey Ham & Cheese on Croissant - 19 Fresh Fruit	Week 1 Wednesday Fruited Yogurt - 19 w/Grahams - 17 Fresh Fruit	Week 1 Thursday Super Donut - 38 Fresh Fruit	Week 1 Friday Sausage Biscuit - 23 Fresh Fruit
Week 2 Monday Blueberry Bread Slice - 45 Lemon Bread Slice - 44 Banana Bread Slice - 45 Pumpkin Bread Slice - 44 Fresh Fruit	Week 2 Tuesday Oatmeal Round – 44 Fruited Yogurt - 19 Fresh Fruit	Week 2 Wednesday Mini Powdered Donuts - 41 Fresh Fruit	Week 2 Thursday Honey Cheerios Cereal – 44 Cinnamon Toasters Cereal – 43 Lucky Charms Cereal – 46 Blueberry Shred. Wheat Cereal - 46 Fresh Fruit	Week 2 Friday Chicken Pancake Sandwich - 23 Fresh Fruit
Week 3 Monday Apple Muffin - 42 Blueberry Muffin - 39 Chocolate Chip Muffin - 41 Fresh Fruit	Week 3 Tuesday Honey Cheerios Cereal – 44 Cinnamon Toasters Cereal – 43 Lucky Charms Cereal – 46 Blueberry Shred. Wheat Cereal - 46 Fresh Fruit	Week 3 Wednesday Fruited Yogurt - 19 w/Grahams - 17 Fresh Fruit	Week 3 Thursday Super Donut - 38 Fresh Fruit	Week 3 Friday Sausage Biscuit - 23 Fresh Fruit
Week 4 Monday Blueberry Bread Slice - 45 Lemon Bread Slice - 44 Banana Bread Slice - 45 Pumpkin Bread Slice - 44 Fresh Fruit	Week 4 Tuesday Oatmeal Round – 44 Fruited Yogurt - 19 Fresh Fruit	Week 4 Wednesday Mini Powdered Donuts - 41 Fresh Fruit	Week 4 Thursday Strawberry Cream Cheese Bagel - 42 Fresh Fruit	Week 4 Friday Chicken Biscuit - 29 Fresh Fruit
Milks Unflavored 1% - 12 Unflavored Skim – 12 Chocolate Skim – 19 Strawberry Skim - 23	Fruits Fresh Apple - 25 Fresh Orange - 11 Fresh Banana - 29 Fresh Pear – 25	Fruit Juices 100% Apple Juice – 14 100% Fruit Punch – 15 100% Orange Tang. Juice - 17	Daily Alt. Entrees Honey Cheerios Cereal – 44 Cinnamon Toasters Cereal – 43 Lucky Charms Cereal – 46 Blueberry Shred. Wheat Cereal - 46	 FEEDING DURHAM'S CHAMPS SCHOOL NUTRITION SERVICES
NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.				