

# 30 Day



# Challenge

1 <i>Reflect with students at the end of a lesson: What worked? What didn't? Make a plan to improve based on the discussion.</i>	2 <i>Morning Meeting: When was a time you didn't give up?</i>	3 <i>Focus on a rule kids struggle with...offer a most improved award!</i>	4 <i>Research people who were "failures" that found immense success.</i>	5 <i>Help students develop individual goals. Give them a goal specific award when they achieve (or make progress).</i>	6 <i>Have a whole class hardwork/growth mindset cookie party!</i>	7 <i>Choose a few students to give intentional verbal praise to throughout the day.</i>
8 <i>Ask everyone to give 3 positives about their day.</i>	9 <i>Send a complimentary email home.</i>	10 <i>Have everyone draw a name out of a hat and give a compliment to that person.</i>	11 <i>Host a hardwork lunch bunch.</i>	12 <i>List 10 things they want to learn but will take practice.</i>	13 <i>Write name with opposite hand during morning meeting and graph improvement.</i>	14 <i>Start a "Don't give up" quote collection for your morning message.</i>
15 <i>Invite a guest speaker (published author) to talk about editing &amp; revising.</i>	16 <i>Make a Tacky Crown to wear after failing, but trying again. (Could start with teacher)</i>	17 <i>Write a note to a classmate congratulating them for a job well done/perseverance.</i>	18 <i>Start a noticing jar: kids who didn't give up get a special shout out during morning announcements.</i>	19 <i>Discuss "bravery" and little ways they can be brave everyday (raising their hand, talking to someone new...)</i>	20 <i>Challenge the Teacher. Let students suggest a challenge to the teacher and watch him/her try.</i>	21 <i>Learn a song that sends a message about growth mindset/being positive.</i>
22 <i>Make a positive phone call home in the middle of the day in front of the student.</i>	23 <i>Have a victory dance party after completing a hard task.</i>	24 <i>Make positive self talk cards and tape them to students table spots.</i>	25 <i>Word of the day challenge: Each time you hear a student using the chosen word, give them a sticker, etc</i>	26 <i>Nominate students to be "Encouragers". It's their job for the day/week to promote growth mindset to peers.</i>	27 <i>Have groups develop cheers/chants to promote positivity/growth mindset.</i>	28 <i>Morning meeting: Share times when you've failed (show that everyone fails)</i>
29 <i>Have students brainstorm activities for the Growth Challenge.</i>	30 <i>Teacher writes a positive note to each student.</i>	Notes:				

*I'm not saying it's going to be easy, I'm saying it's going to be worth it.*